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FOR IMMEDIATE RELEASE

***AFTER SHOCK: FROM CANCER DIAGNOSIS TO HEALING* by Puja Thomson Provides New Information to Empower the Overwhelmed Patient**

“Disorganization is hazardous to your health,” says Puja Thomson, interfaith minister, healer, cancer survivor, and author of the award winning* book *AFTER SHOCK: FROM CANCER DIAGNOSIS TO HEALING*. Until this groundbreaking book, little attention had been given to the healing aspects of organizing and tracking one’s support, care and treatment. Now there is a complete resource for patients, caregivers and families. *AFTER SHOCK: FROM CANCER DIAGNOSIS AND HEALING* uniquely combines the practical with the medical, emotional and spiritual journeys to answer the one question patients always ask after diagnosis: “Now what?”

Larry Dossey, MD, concurs that organizing a medical experience is crucial. “Illness has become a complicated affair in American, from mountains of paperwork to choosing appropriate therapies...*AFTER SHOCK: FROM CANCER DIAGNOSIS TO HEALING* will help unburden anyone from these vexations and will move them along in their journey toward wellness.”

Marion Woodman, PhD, the Jungian psychologist, author, and women’s advocate, herself a 14-year cancer survivor, calls Thomson’s book “A gold mine of resources and insights...new ideas on organizing medical, legal, and meditation avenues...”

Christiane Northrup, MD, has praised Thomson’s book as “...practical, inspiring and...user-friendly.” Sheldon Marc Feldman, MD, (Breast Surgery Chief, Beth Israel, NYC), says, “...an excellent roadmap and compass...Highly recommended.”

For review copies contact the author (845.255-2278). www.AfterShockFromCancer.com
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Thomson developed this comprehensive book to keep her own sanity when faced with a bewildering array of research, appointments, treatment modalities, health professionals, and support options, not to mention billing and insurance. Barbara Sarah, LCSW, founder, Oncology Support at Benedictine Hospital, Kingston, NY, a 15-year survivor, urged Thomson to publish this book to help others get organized to heal. As an oncology social worker, Sarah finds *AFTER SHOCK* invaluable.

*Finalist, 2007 Best Book Award

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